

Testimony for HB 5915:

An Act Concerning the Practice of Classical Homeopathy

Feb 23, 2015

Dear Senator Gerratana, Rep. Ritter and Members of the Public Health Committee,

My name is Jan Sopata, and currently I am in the process of completing the requirements for my CCH certification. I am whole-heartedly **in favor** of allowing qualified and trained homeopaths the opportunity to practice here in Connecticut.

I'd like to share with you the training that a nationally certified classical homeopath receives. In the big picture, there are **three components** of educational requirements that must be completed *before* applying to sit for the Certification Exam.

1. The Homeopathic section: requires a minimum of

- 500 hours of formal classroom training --covering
 - the history of homeopathy
 - the philosophy of homeopathic principles
 - the Organon of Medicine by Samuel Hahnemann
 - training in reading the material medicas
 - learning how to repertorize the main features of a case
 - working on many case studies: paper cases, video and live cases
 - the homework assignments and studying take many more hours that are not part of the 500 classroom hours.

2. The Medical Sciences section:

- includes completing an Anatomy & Physiology course—a minimum of 33 hours —either taken at an accredited college or as part of a homeopathic school curriculum.
- and a course in Pathology & Disease – minimum of 40 hours, also either from an accredited college or as part of a homeopathic school curriculum.

3. The Clinical Education section:

- 250 hours of formal observation and case-taking in an on-site clinic, under supervision of a certified homeopath.
- 10 cases that are formally supervised by a certified homeopath, that cover six months each.
- 5 cases taken independently of supervision, with a minimum of 2 follow ups—a six month period for each case. This part is submitted after passing the written exam.

When these requirements are met, a candidate can sit for the certification exam. I have taken the 6.5 hour written exam, which is divided into homeopathic and health science sections that have to be passed independently. The two hour timed Case Analysis Exam, which pulls all of this knowledge into practical experience, I will be taking this Saturday.

Then after passing, I will submit the documentation for my 5 independent cases.

The final piece of my test process will be an **Oral Exam** done in an interview format by the Case Review Committee who reviews my case work and also asks about my intended professional direction and professional ethics.

I hope to finish the entire process by the end of 2015. Then I will

have my CCH, and I would really like to practice in my home state of Connecticut. I hope you will help us to **pass Proposed Bill 5915 this year!**